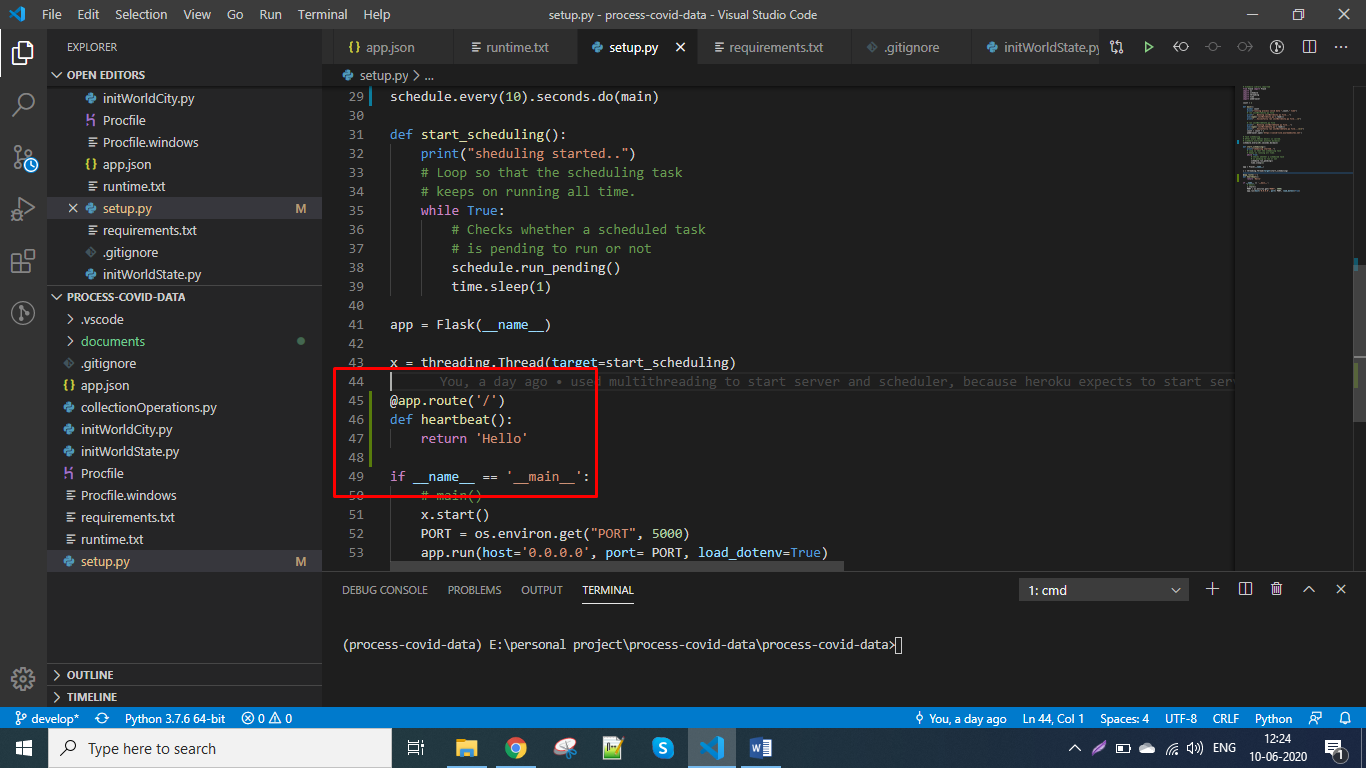
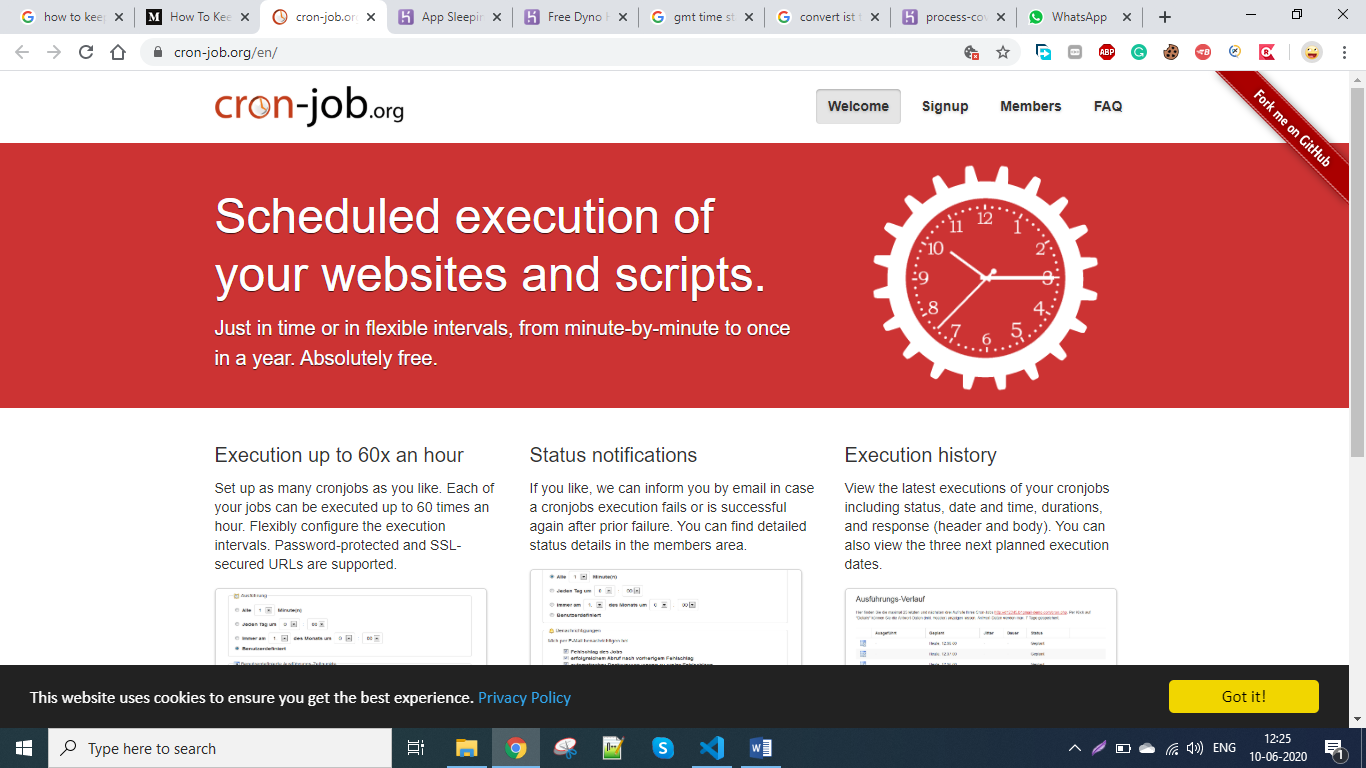
<https://medium.com/better-programming/keeping-my-heroku-app-alive-b19f3a8c3a82>

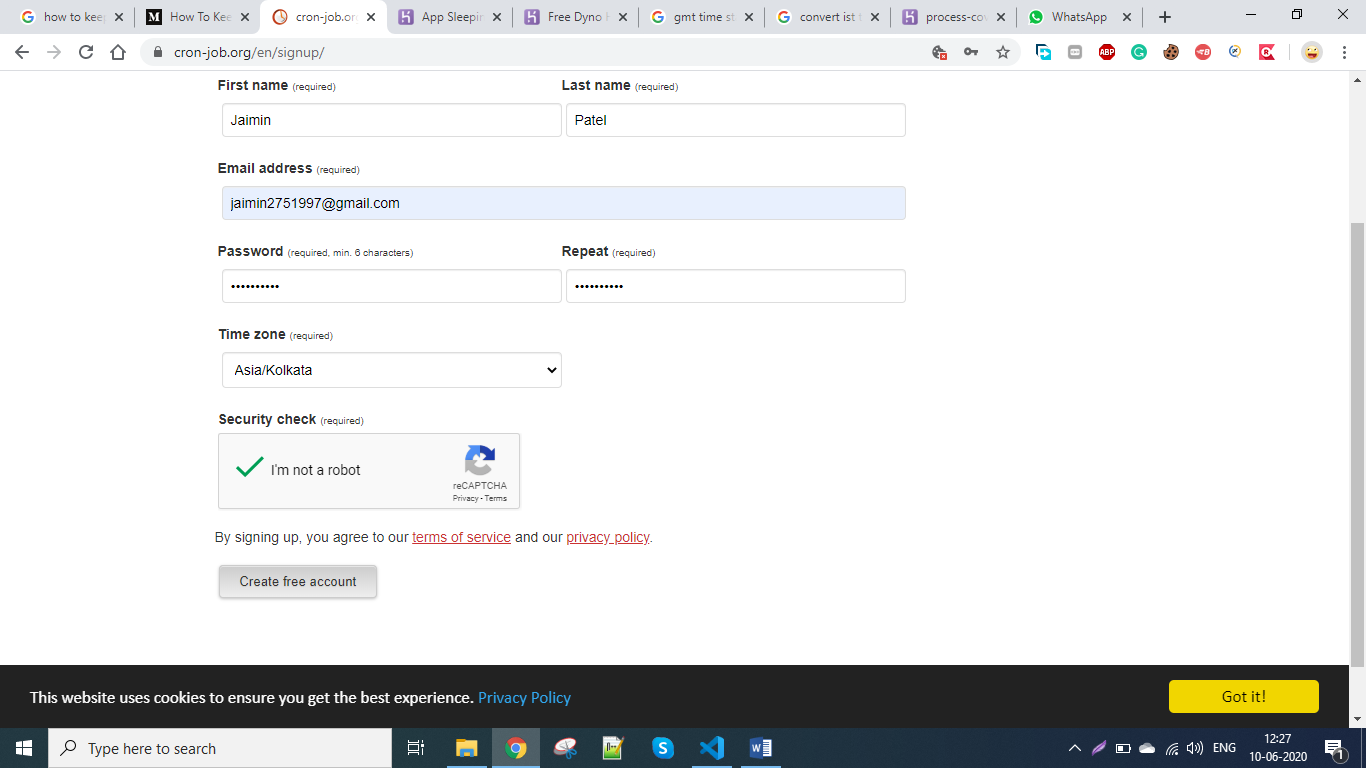
Follow this link to get more detais

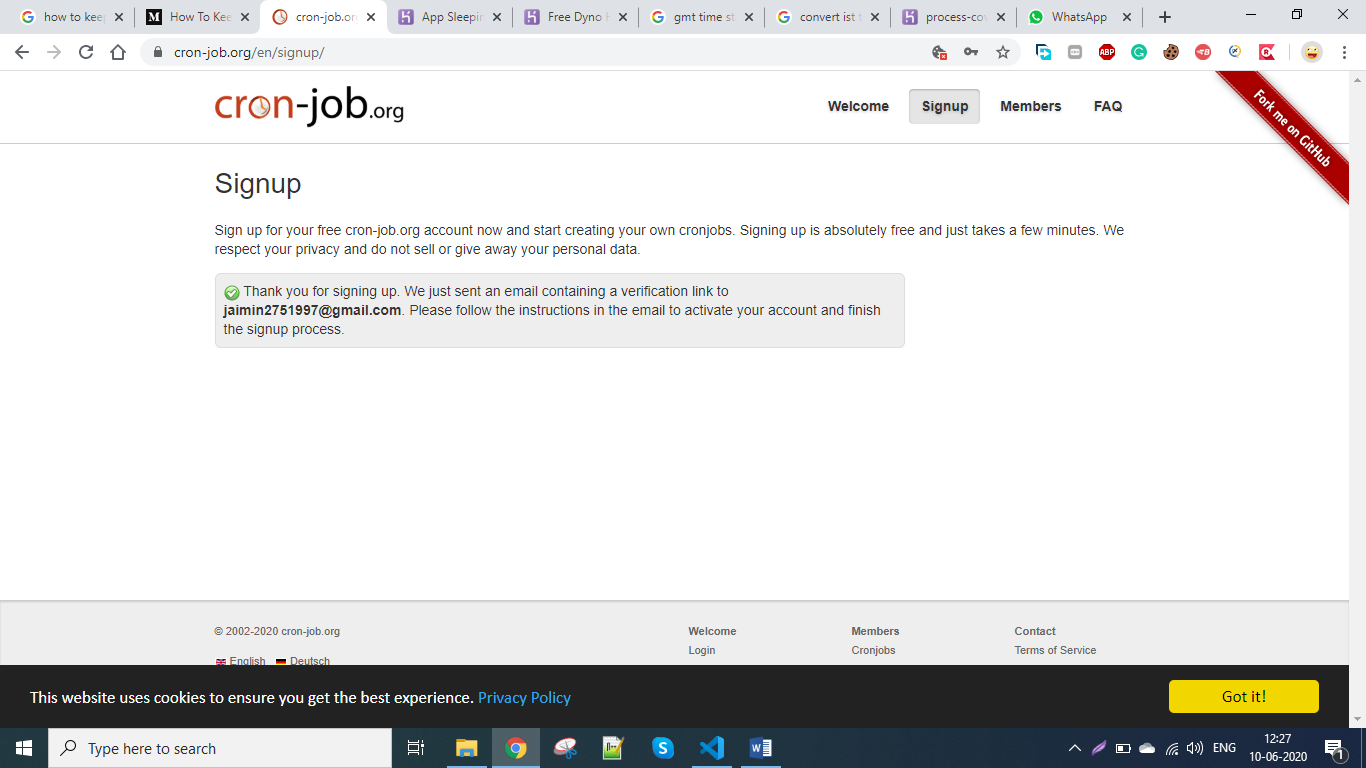
Add simple get request to your Homepage



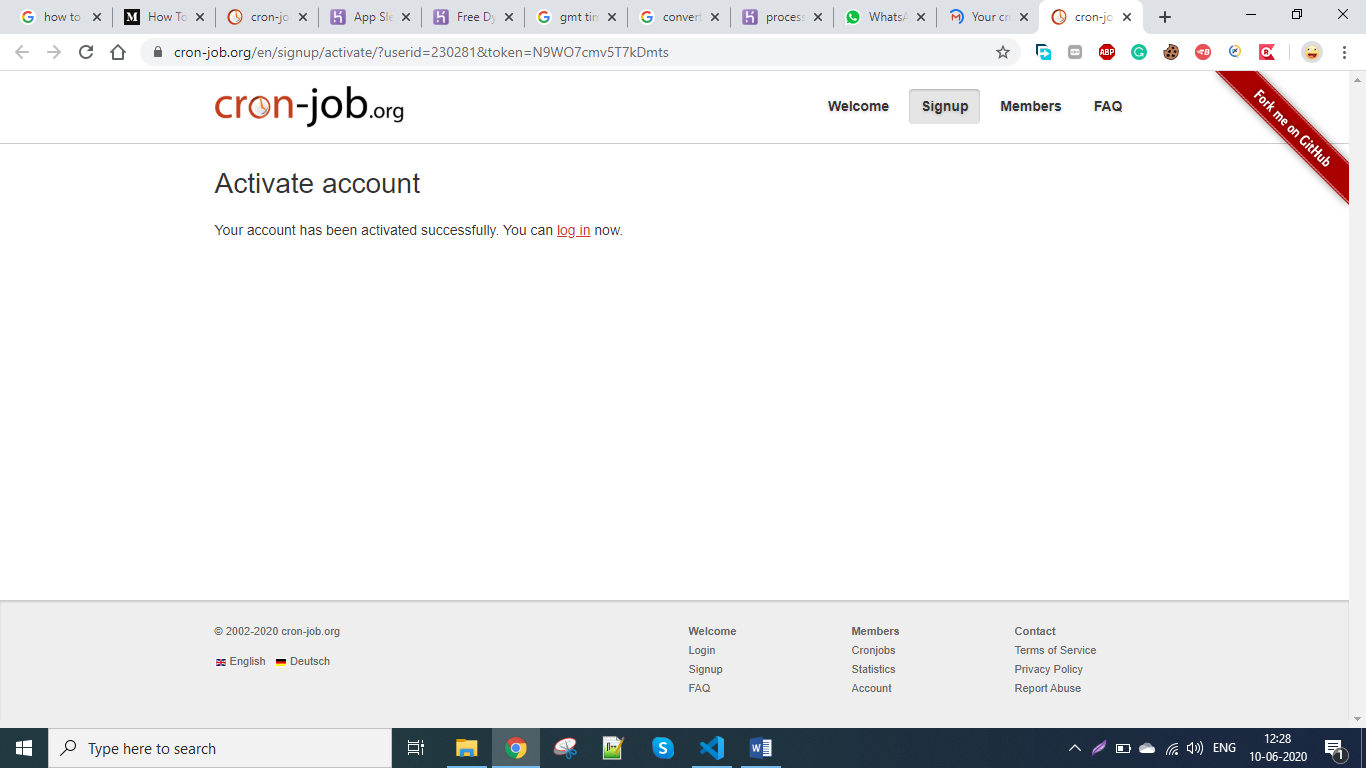
Signup on <https://cron-job.org/en/>



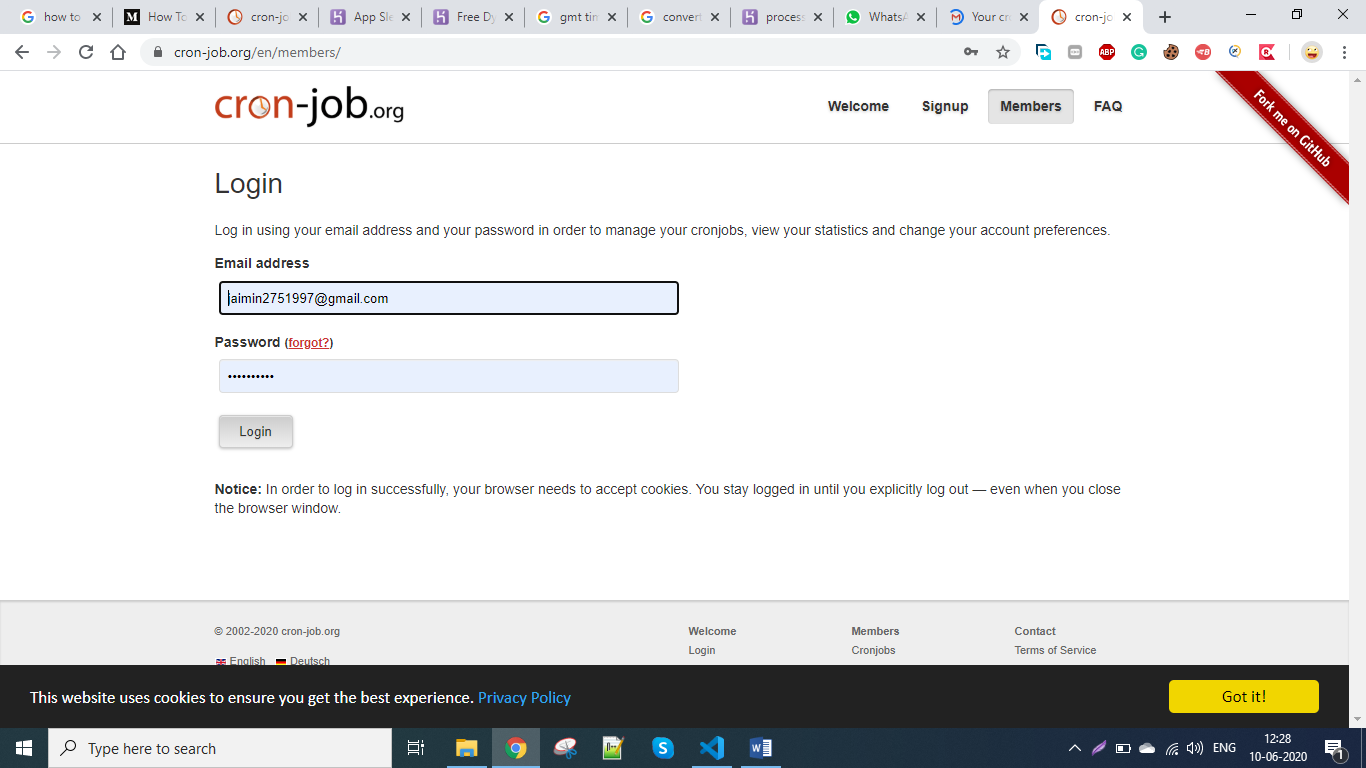


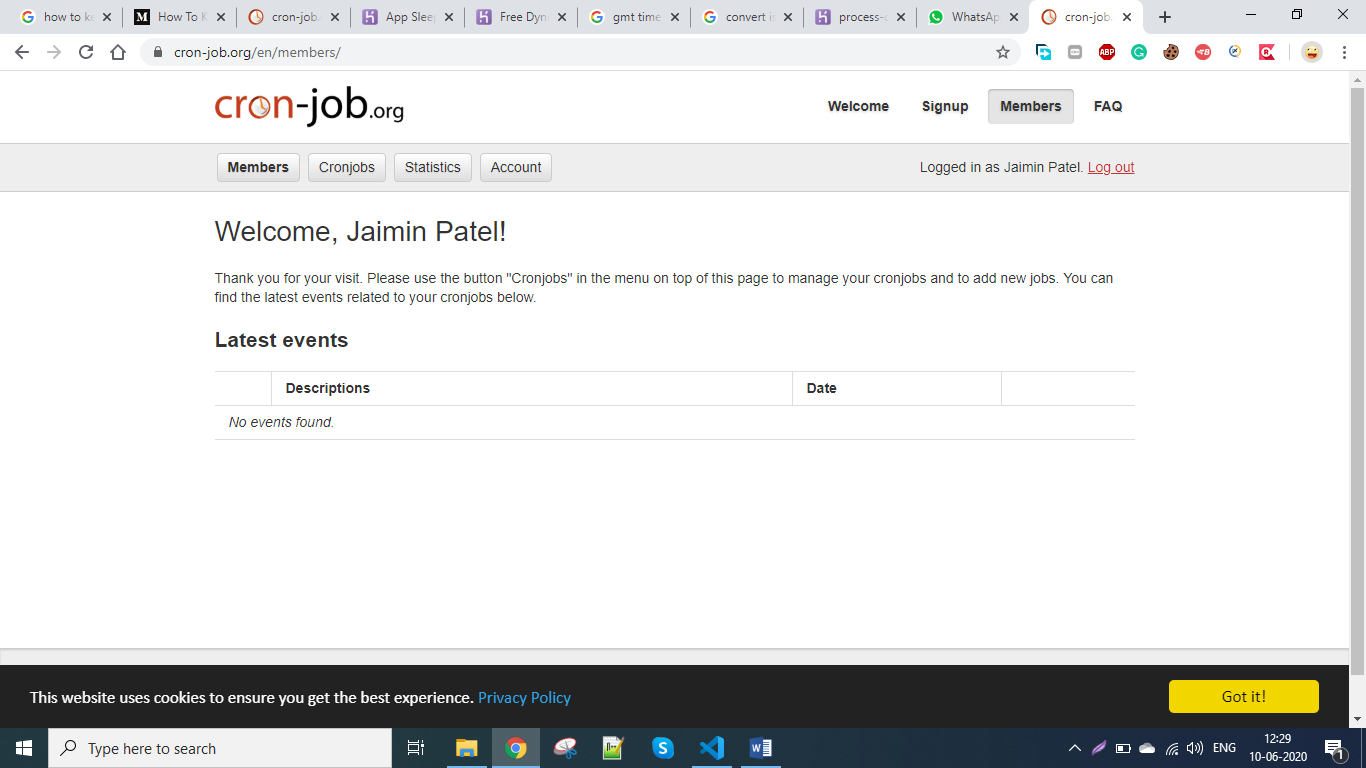


Verify link from mail account

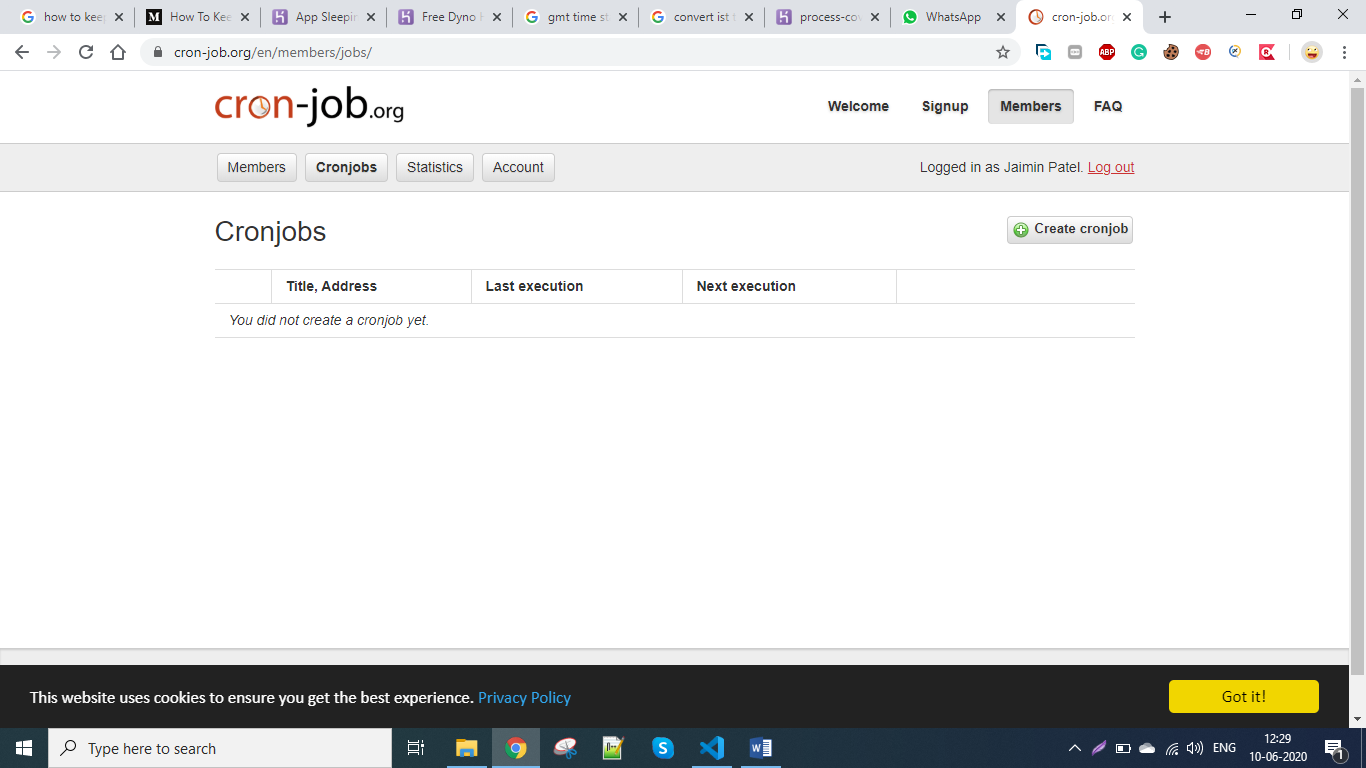


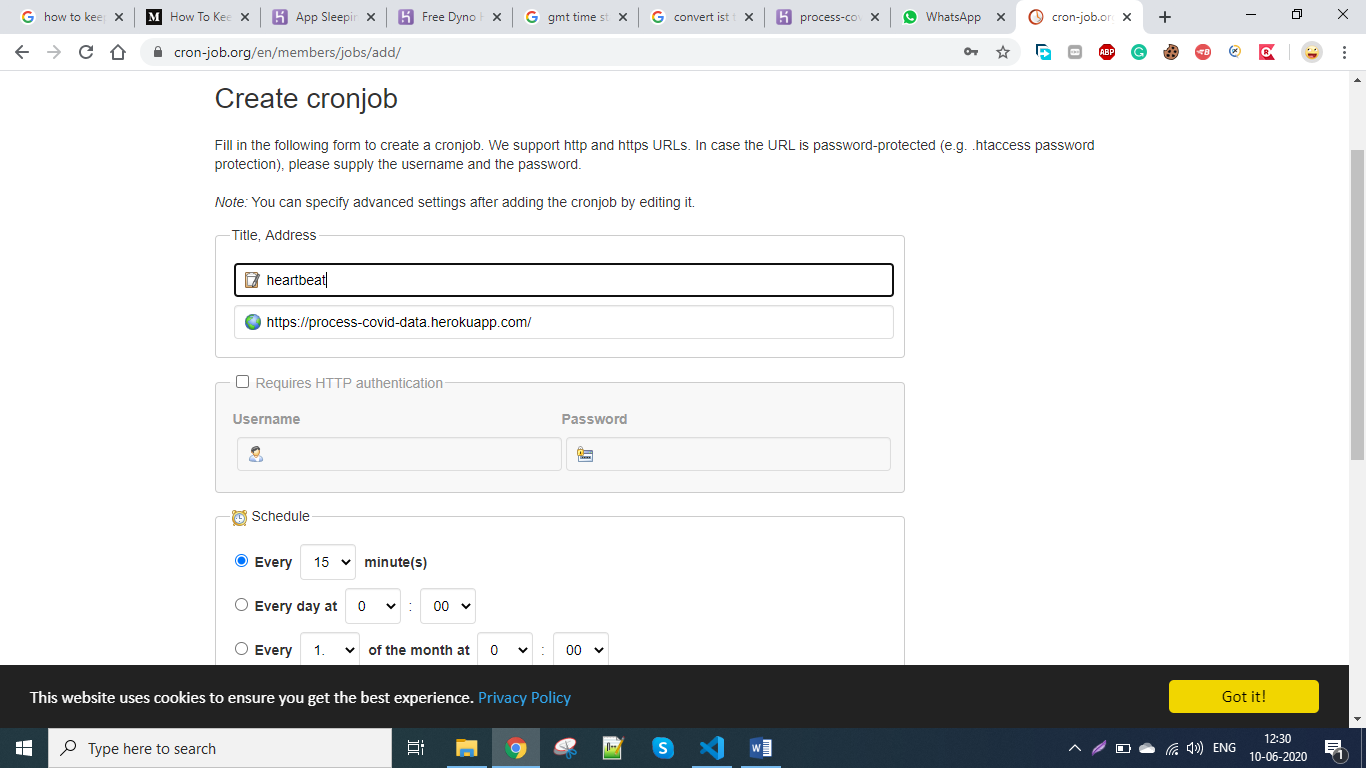
Click on log in

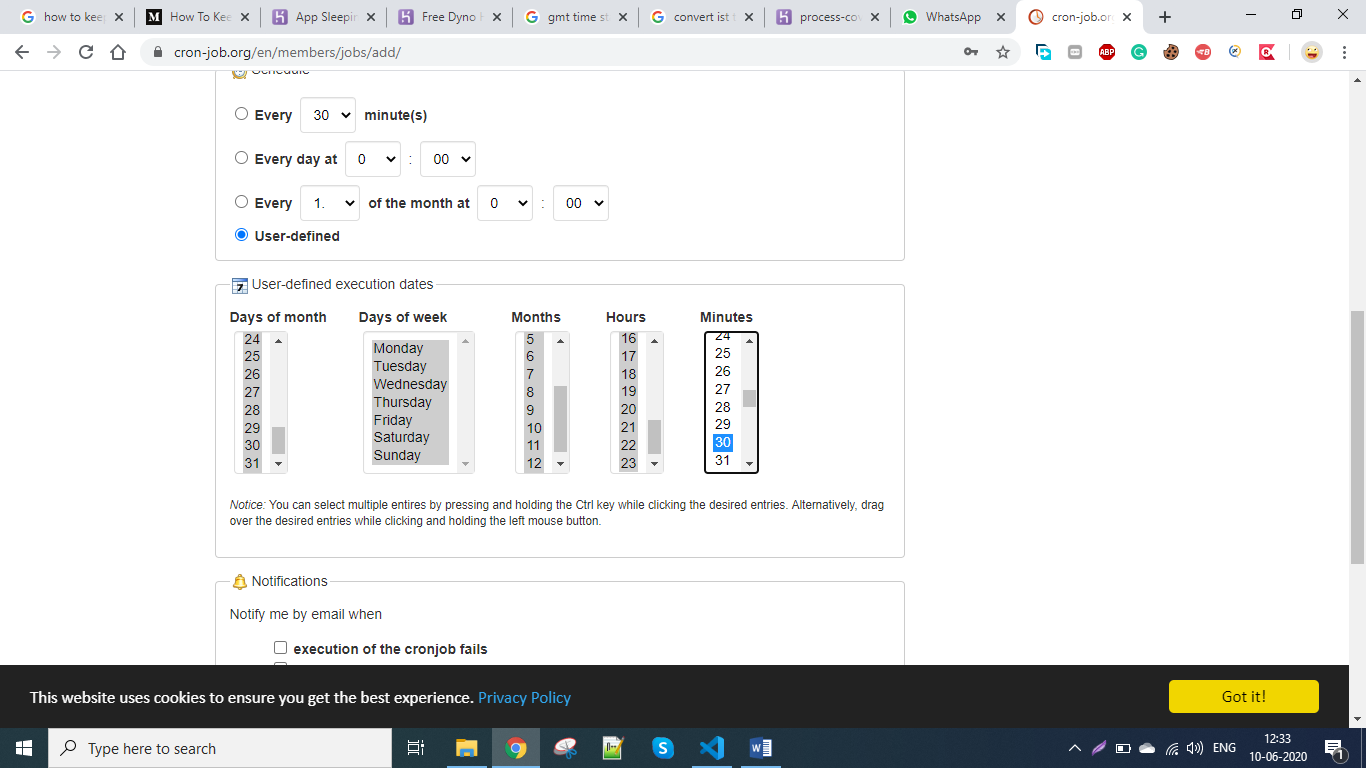




Create cron job







To click multiple number use control+click

Select all days of month

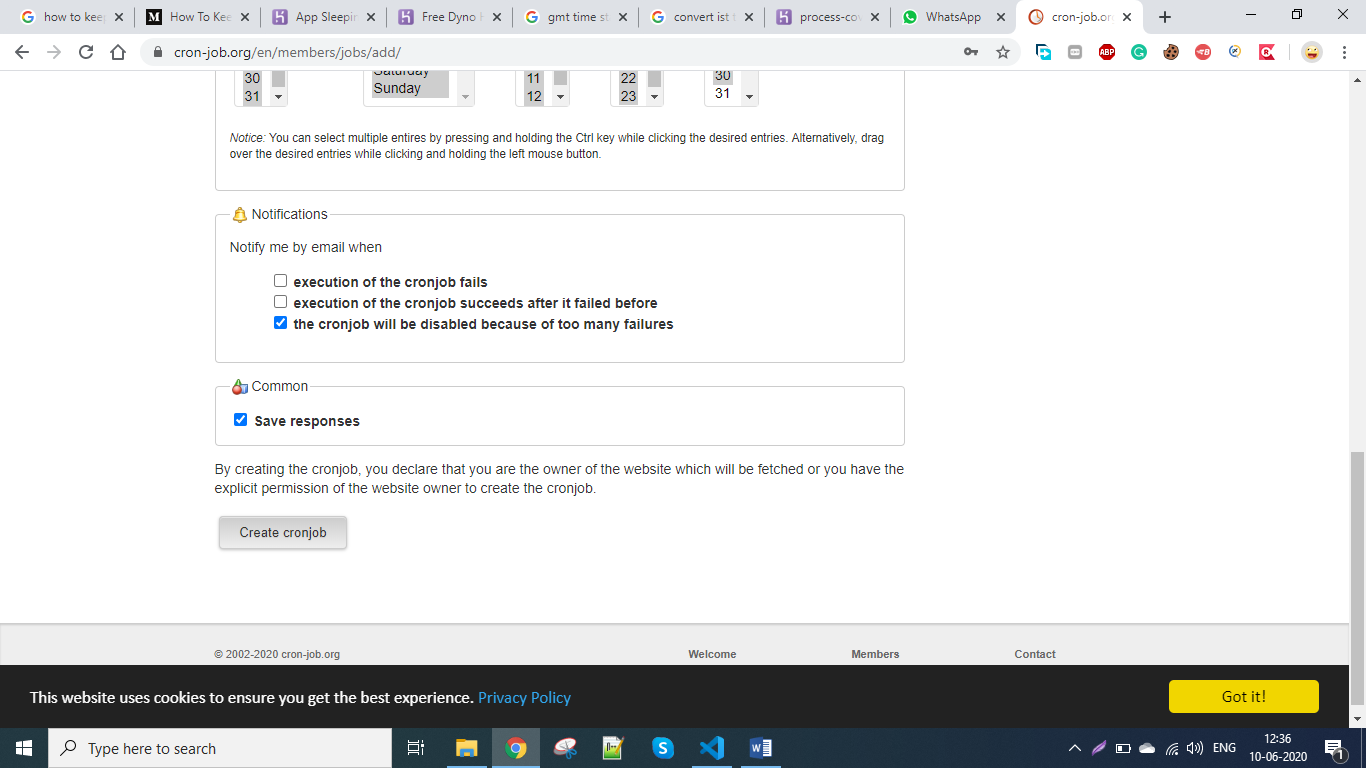
Select all days of week

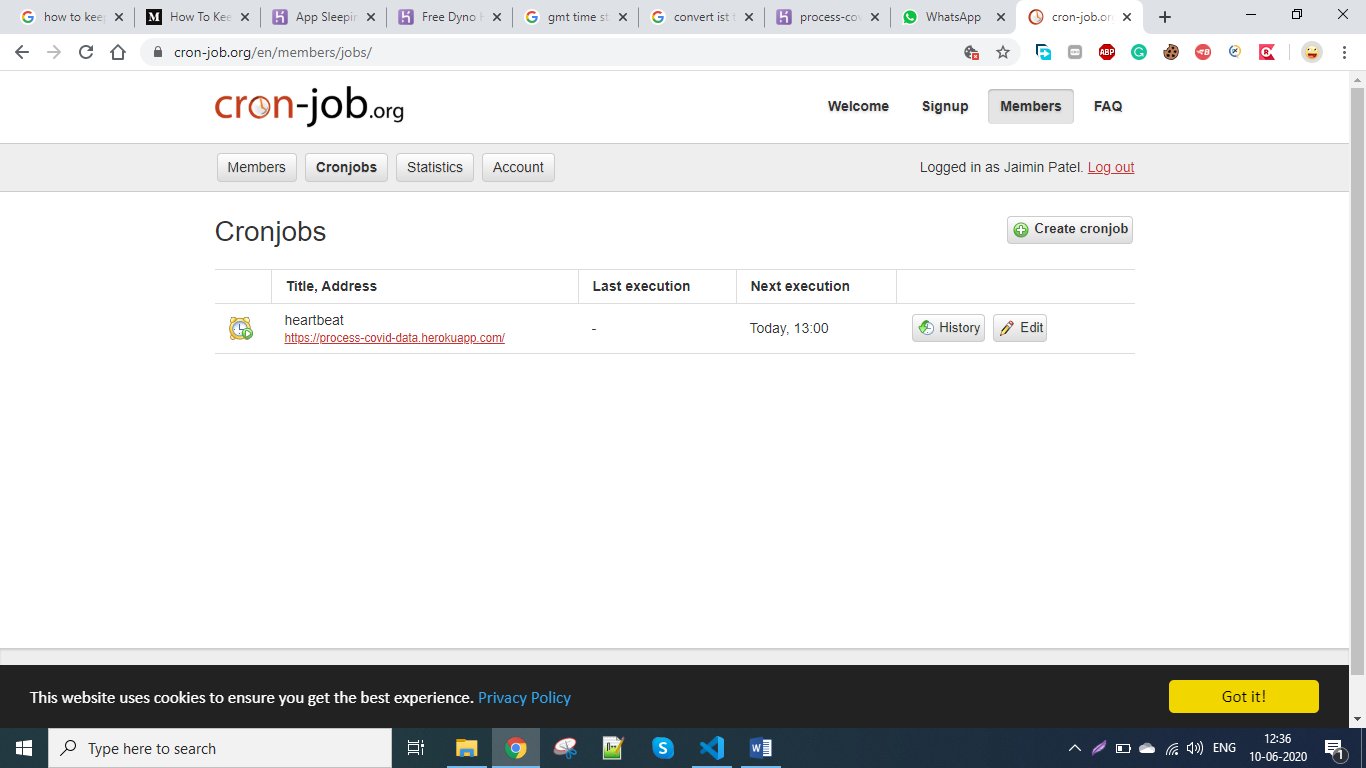
Select all months

Select hours from 7 to 23 => 7 am to 12 am => 7 hour sleeping time is required

Semect minutes = 0 and 30 => means every 30 minutes it will send heartbeat

Now create cronjob





You can edit and see history